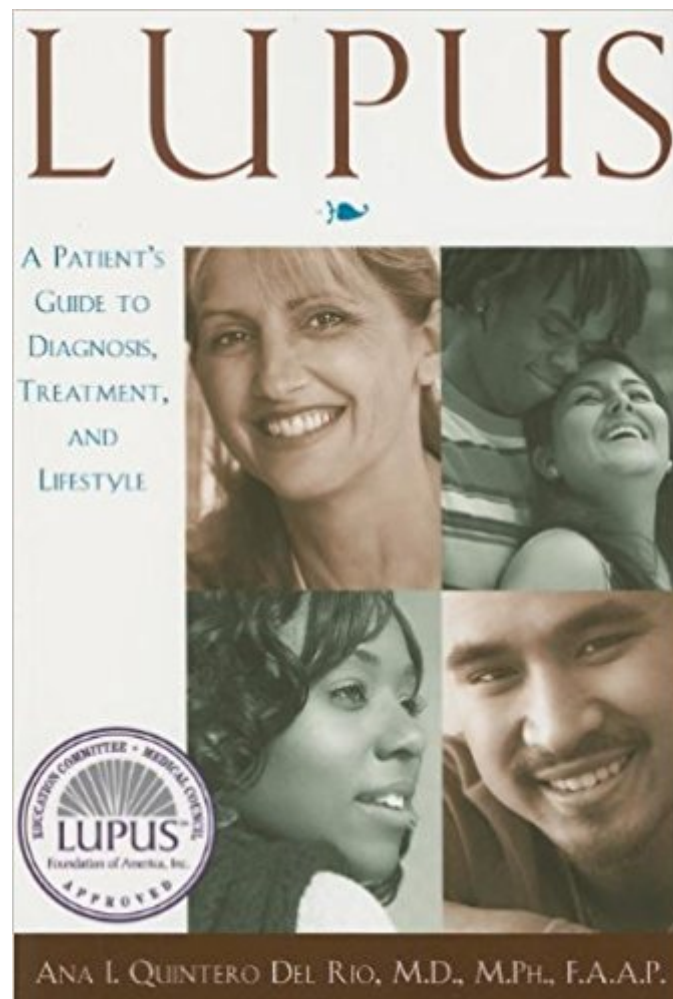




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Lupus: A Patient's Guide To Diagnosis, Treatment, And Lifestyle



Synopsis

The stigma and misinformation that often accompanies a diagnosis of lupus are exposed in this medical reference intended to alleviate fears and correct misconceptions by providing facts about diagnosis and treatment. Useful for patients, family members and friends of patients, community leaders, and health professionals, this guide covers basic information regarding symptoms, complications, treatment options, environmental influences, stages, and lifestyle choices. Clinical and personal advice for confronting the disease is presented with attention to specific populations, such as African American women, who are particularly susceptible to the disease.

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Iris Quintero Del Rio, MD, is a senior research scientist at the Oklahoma Medical Research Foundation and a clinical instructor of pediatrics at the Oklahoma University Medical Center. She lives in Oklahoma City, Oklahoma.

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